

**Psychology 12****Mental Health and Stigma**

---

Stigma around mental health has deleterious effects for the individuals suffering from mental illness, their close family and friends and the community at large. The stigma around mental health can be said to be socially constructed, thus we as a social group can do something about it to lessen its effects on people with mental health issues.

**Objectives**

The purpose of the project is to:

- Identify the effects of stigma around mental health issues
- Show understanding of how stigma is created and thus deconstructed
- Come up with a project that could attack the stigma surrounding mental health issues

**Procedure**

1. Look at the rubric for how your product will be evaluated.
2. Decide on a way to attack stigma around mental illness.
3. Create a product that encompasses the Objectives above.

**Criteria** (sliding scale of quality)

<b>Effects of Stigma</b>	-States the problems with stigma clearly -Links the problems to the individual, small and larger social groups.	/15
<b>Stigma Creation</b>	-Media portrayal of mental illness is addressed -Society's treatment of people with mental illness	/15
<b>Product</b>	-Professionalism -Creativity -Effectiveness	/10
<b>Total</b>		<b>/40</b>