

14-2

# Psychoanalytic Theories

# The Unconscious

- ◉ Sigmund Freud
- ◉ All personalities have a significant unconscious portion.
- ◉ Painful memories are not forgotten but repressed
- ◉ Accessed through dream analysis or free association
- ◉ Personality made up of Id, Ego and Superego

# The Id

- ◉ Instinctual urges—kill and create
- ◉ Operates on pleasure principle
- ◉ Babies are 100% id driven

# Ego

- ◉ Conscious
- ◉ Begins developing at age 2
- ◉ Rational, logical
- ◉ Operates on reality principle
- ◉ Meets the needs of the id within reason

# Superego

- ◉ Begins developing at age 4
- ◉ Morality principle
- ◉ Values
- ◉ Idea of greater good
- ◉ Very strict
- ◉ Ego must balance demands of id and superego