

13.4: PERSONALITY TESTING

PERSONALITY TESTING

- Assess characteristics to diagnose personality disorders, predict future behaviour



OBJECTIVE PERSONALITY TESTS

- Limited or forced-choice format



THE MMPI

- Minnesota Multiphasic Personality Inventory
- 567 T, F, can't say
- Reveal: habits, fears, delusions, attitudes, and symptoms of psychological disorders
- No overall score; patterns of answers reveal personality type
- Can determine
 - Type-A personality
 - Alcohol and drug abuse
 - Eating disorders
 - Suicide
- Needs to be supplemented with interviews and other qualitative measures



MYERS-BRIGGS TEST

- Information processing, decision making, day-to-day tasks
- Four scales:
 - Extroversion—introversion
 - Intuition—sensing
 - Feeling—thinking
 - Judging—perceiving



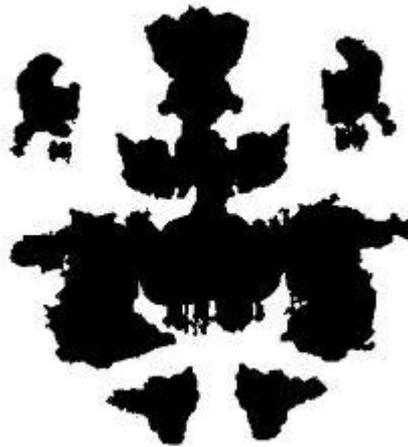
PROJECTIVE PERSONALITY TESTS

- Respond freely, give own interpretation



RORSCHACH INKBLOT TEST

- 10 inkblots + system of interpreting responses
- Based on analysis of 1000s of responses to 1000s of inkblots
- Chose 10 that elicited most emotional response



TAT

- Thematic Apperception Test
- 20 cards, vague but suggestive situations

